



Physical therapy, delivered.®

Call 312-584-5591

Vanessa Martin, MSPT
702-281-2815



Post-Surgical Rehabilitation

- ACL reconstruction
- Arthroscopic procedures
- Hip replacement
- Joint replacement
- Labral repair
- Meniscal repairs
- Rehab post fracture fixation
- Reverse total shoulder arthroplasty
- Rotator cuff repairs
- Spinal fusion
- Spinal procedures
- Total knee replacement
- and more...

Focused Training

- Aquatic Therapy
- Core stabilization
- Core strengthening
- Ergonomic assessment
- Gait analysis
- Movement analysis
- Return to golf
- Return to gym
- Return to running
- Return to throwing
- Strengthening program
- Vestibular rehab
- and more...

Specialty Care

- Amyotrophic lateral sclerosis (ALS)
- Cerebral palsy
- CRPS
- De Quervain's
- Diastasis recti
- Fibromyalgia
- ITB syndrome
- Multiple sclerosis (MS)
- Neurologic therapy
- Oncology rehabilitation
- Pelvic floor therapy
- Patellofemoral pain syndrome
- Piriformis syndrome
- Pregnancy & postpartum care
- Stroke
- Women's health therapy
- and more...



We're open for business!

All Luna therapists use infection control best practices ([read more](#)). Your physical therapist will deliver 1:1 sessions at your home or through televisits, and prescribe exercises in the Luna app.

Why on-demand physical therapy is better

More convenience means our patients actually complete their care plans.

[See our clinic comparison chart.](#)



1:1 personalized treatments

45-55 minutes of dedicated care means faster recovery in fewer treatments.



Necessary equipment comes to you

Your PT will bring a treatment table and a mobile kit. 90% of cases don't need heavy machines.



Crafted to your environment

A sensible and practical program that is tailored to your lifestyle, with therapist prescribed and monitored exercises.

INSURANCE

Aetna

Blue Cross Blue
Shield of Illinois

Cigna

Humana

Medicare

UnitedHealthcare

Back & Neck Pain

- Acute whiplash
- Ankylosing spondylitis
- Bulging discs
- Degenerative disc disease
- Disc herniation
- Headaches
- Lower back pain
- Mid back pain
- Neck injuries
- Neck pain
- Sciatica
- Spinal stenosis
- Spondylosis
- Thoracic outlet syndrome
- Upper back pain
- and more...

Orthopedic/Sports Injuries

- Adhesive capsulitis
- Ankle injuries
- Bone Fractures
- Bursitis
- Carpal tunnel syndrome
- Dislocated shoulder
- Femoroacetabular impingement
- Foot injuries
- Golfer's elbow
- Heel pain
- Heel spurs
- Knee pain
- Labral tears
- Ligament injuries
- Meniscus injuries
- Plantar fasciitis
- Rotator cuff impingement
- Shin splints
- Tendonitis
- Tennis elbow
- and more...